

# MATERNAL CHILD HEALTH EDUCATION 2018 SCHEDULE

Visit our website [www.goodsamhosp.org/moms](http://www.goodsamhosp.org/moms)  
To register online or call 800 435-7465  
For questions call 368-5450

Early registration is suggested

**Maternity Tour 1<sup>st</sup> Sunday of every month.**  
**FREE, no appointment necessary. Meets**  
**in the Birthing Center Lobby at 10:50am**

January 7	February 4	March 4
April 1	May 6	June 3
July 1	August 5	September 2
October 7	November 4	December 2

**Prepared Childbirth \$165.00 per couple**  
**Continental Breakfast served**  
**Sunday's 9:30am – 5pm**  
**Includes tour of the Maternity Unit**

January 21	February 18	March 18	April 22
May 20	June 24	July 29	August 26
September 23	October 21	November 18	December 16

**Breastfeeding Saturday's Or Sunday's 10am – 1pm**  
**&55.00 Includes New Mothers guide to Breastfeeding**

January 14	February 3	March 11
April 21	May 6	June 2
July 8	August 4	September 16
October 6	November 4	December 8

Private tours during the week are done by appointment with the Maternity  
 Consultant, please call: 1-888-332-MOMS (6667)

**Infant/Child CPR & Safety \$50.00 per person**  
**Two Consecutive Tuesday's 6:30pm – 9:30pm**

January 9 & 16	March 13 & 20	May 8 & 15
July 10 & 17	September 11 & 18	November 13 & 20

**Newborn Care Class \$55.00 per couple**  
**Thursday's or Friday's 7:00pm – 10:00pm**

February 15	March 22	April 20	May 24	June 21
July 19	August 17	September 27	October 26	November 30

**Note: On occasion, there may be a circumstance where a class date change may be necessary.**